

### Seven Pounds in One Week

Not every man who is thin would thank you for fattening him. He doesn't want to be fat and for every good reason. Unnecessary fat is a load to carry about; it interferes with a man's power to work, shortens his wind, and dulls his wits.

Yet, on the other hand, a certain amount of flesh is needed for health and comfort. For example; A man five feet high should weigh about 120lbs.; and man five feet six inches, 145lbs.; a man six feet, 178 lbs. It is a regular ascending scale. The insurance companies allow a variation of 7 percent above or below it, and beyond those limits charge an extra premium. One shouldn't be much over or under his proper weight if he wants to be sound and hearty—and we all do want that.

Now we will tell you how Mr. Thomas Crosby, being under weight, gained seven pounds in a week. He had lost 1½ stone, which is too much off for a man who was never fatter than he naturally ought to be.

It was this way. He was right enough up to May, 1891. At that time he began to feel ill and out of sorts. He had a nasty taste in his mouth—like rotten eggs, he says—and a thick, slimy stuff came on his gums and teeth. His appetite failed, and what he did eat was, as you might say under compulsion; and right afterwards he would have great pain in his stomach and chest. Plainly, something was amiss with him in that region. He was often dizzy, and cold chills ran over him as though he were threatened with fever. Of course we should expect a man who is handled in this way to lose strength. Mr. Crosby lost strength. In fact, he got so weak and nervous that he shook all over, and his hands trembled as if a current of electricity were running through him.

To use his own word: "I rapidly lost flesh, was 1½ stone lighter, and could hardly walk about. Once my parents thought I was dying, and sent in haste for the doctor. I saw two doctors in Epworth and one at Haxey, but they were not able to help me. Our vicar, Rev. Mr. Overton, recommended me to the Lincoln Infirmary, where I attended for eight weeks as an outdoor patient, without benefit.

"Soon afterwards Mr. Sharp, a chemist, at Epworth, spoke to me of the virtues of a medicine known as Mother Siegel's Curative Syrup. Being interested in what he said, I left off trying other things and began taking this Syrup. In a few days I felt better, and presently I gained seven pounds in a week. At that rate I soon got back to my work, and have had the best of health ever since. I tell these facts to everybody, and am perfectly willing they should be published. Yours truly (Signed), Tom Crosby, Ferry Road, Epworth, via Doncaster, December 23rd, 1892."

After reading Mr. Crosby's story we scarcely need to ask why he lost flesh. The minute he stopped eating and digesting his usual allowance of food he began to fall away. Trees, they say, grow as much from the air by means of their leaves, as they do from the soil. But men don't. They've got to be built up through their stomachs. Indigestion and dyspepsia (Mr. Crosby's complaint) stops this process and poisons those who have it, besides. That accounts for all the painful and dangerous symptoms our friend speaks of. The doctors do what they can, but, unluckily, they don't possess the medicine that goes to the bottom of this disease and cures it. The remedy is Mother Siegel's Curative Syrup, and nothing else, so far as we know. It restores digestion, and digestion covers the bones with fat enough for health and good looks.

### QUEEN VICTORIA.

#### Her Honolulu Subjects Celebrate Her Birthday.

If Queen Victoria herself had been in Honolulu yesterday she could hardly have complained of the way in which her birthday was celebrated. The numerous flags floating in the morning breeze bore early testimony to the fact that even in the Sandwich Islands people were aware that yesterday was the birthday of the Queen of England and Empress of all the Indies.

In the afternoon a large number of citizens called on the British Commissioner and paid their respects. Prominent among them were President Dole and his ministers, Minister Willis, members of the consular corps and many of the officers of the Philadelphia. The grounds of Commissioner Hawes' residence were beautifully decorated with flags and bunting, and a special pavilion erected for the accommodation of distinguished guests. Refreshments of all kinds were dispensed with that lavish hospitality for which Mr. Hawes is becoming famous.

In the evening the dance given by the Scottish Thistle Club and the Sons of St. George in aid of the British Benevolent Society drew out a large crowd to Independence park. The large pavilion was appropriately decorated in honor of the occasion. Commissioner Hawes appeared on the scene towards the end of the last dance in the first half of the program and dancing immediately stopped, and the band struck up the well-remembered tones of "God Save the Queen." Mr. Hawes repeatedly bowed his acknowledgments and the dancing continued.

During the intermission, while refreshments were being dispensed with, a meeting of the British Benevolent Society was held, at which the following officers were elected to serve for the ensuing year: President, Hon. A. G. S. Hawes; vice-president, Rev. A. Mackintosh; treasurer, J. A. Kennedy; secretary, R. Catton. The relief committee is composed W. Roe, J. Lucas, T. May, W. Monsarrat, J. M. Dowsett and T. R. Lucas.

The dance broke up at a late hour and everyone went home with the impression that all the arrangements made for their pleasure and comfort during the evening reflected great credit on the committee who had charge of them.

#### Beyond Comparison

Are the good qualities possessed by Hood's Sarsaparilla. Above all it purifies the blood, thus strengthening the nerves; it regulates the digestive organs, invigorates the kidneys and liver, tones and builds up the entire system, cures Scrofula, Dyspepsia, Catarrh and Rheumatism. Get Hood's and the only Hood's.

Hood's Pills cure all liver ills, biliousness, jaundice, indigestion, sick headache. 25c.

#### FOR SALE.

A HORSE, BRAKE AND HARNESS for \$100. Apply at this Office. 2-tf

### Piggo Jacobsen.

#### Pen Artist.

Orders left at the Pacific Groceries Company's Store will be promptly attended to. North Telephone 18.

#### Beach House To Let

A FURNISHED HOUSE is to let or lease at Waikiki beach, a few minutes' walk from the train-car. It has Cook House, Bath House and Good Sea Bathing. House-hold Utensils and Dishes are all complete. Rooms may be let with bathing privileges, if the house is not taken. Have other Houses in town and suburbs to let, furnished and unfurnished. Also, Building Lots for sale. Inquire of PAUL DAYTON, 1277-41

### BRITISH BENEVOLENT SOCIETY.

#### Some Facts from the Treasurer's Annual Statement.

The annual statement of James A. Kennedy, treasurer of the British Benevolent Society, shows that on May 24th a year ago, it had only a balance of \$50.35 on hand. To-day it has a balance of \$338.97, partly owing to the generous donation of \$500 by Mrs. Wm. G. Irwin last Christmas. During the year the society has expended in weekly relief to distressed Britons various sums ranging from \$12 to \$108.75 per month, the whole aggregating \$718.75.

The total receipts of the year have been \$1650.70, out of which the treasurer has been enabled to purchase one \$500 Hawaiian bond besides carrying in hand the balance above mentioned. The report shows the society to be in a flourishing condition and an examination of the items contained therein would indicate that it is doing much more good than most people imagine.

While in Stockton, Cal., some time ago, Thos. F. Langan, of Los Banos, that state, was taken very severely with cramps and diarrhoea. He chanced to meet Mr. C. M. Carter, who was similarly afflicted. He says: "I told him of Chamberlain's Colic, Cholera and Diarrhoea Remedy, and we went to the Holden Drug Store and procured a bottle of it. It gave Mr. Carter prompt relief and I can vouch for its having cured me." For sale by all dealers. Benson, Smith & Co., agents for the Hawaiian Islands.

### ED. C. ROWE,

House, Sign and Ornamental

#### PAINTER

Paper Hanger and Decorator.

MANUFACTURER OF

Rowe's Liquid Plating.

620 King Street. 8-3m

### HERE'S AN IDEA:

A chance to get a

### PAIR OF SHOES

—FOR—

### Ten Minutes' Work!

The question among the business men of Honolulu is:

DOES  
ADVERTISING  
PAY?

To solve the problem as well as to ascertain whether advertisements attract the attention of newspaper readers, we offer a pair of our best \$5.00 shoes (\$6.50 anywhere else) to the person who sends us, under the head of "Wanted," the cleverest advertisement of our shoes. It must be original, concise, and to the point. It must not be longer than any ordinary want ad. found in the daily papers.

Advertisement to be written on one side of white paper and signed by the competitor's full name and address. State the name of the paper in which you saw this notice and enclose your effort in an envelope marked:

McInerney's Shoe Store.

Honolulu.

Ad. Competition.

The attention of out-of-town subscribers is particularly called to this competition—We want your ad. Honolulu competitors may drop their envelopes in the box just inside the store door.

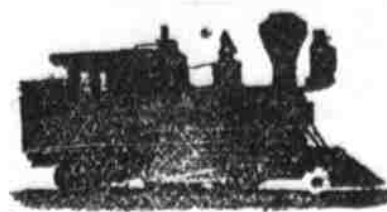
Competition Closes at Noon, June 15, 1895.

Competent judges will decide who is entitled to the prize.

### McInerney's . . . SHOE STORE, HONOLULU.

THIS PAPER is kept on file at E. J. Agency, 64 and 65 Merchant's, San Francisco, California, where contracts for advertising can be made for it.

### Baldwin Locomotives.



The undersigned having been appointed  
Sole Agents for the Hawaiian Islands

FOR THE CELEBRATED

### Baldwin Locomotives

FROM THE WORKS OF

Burham, Williams & Co.,

Philadelphia, Penn.,

Are now prepared to give Estimates and receive Orders for these Engines, of any size and style.

#### The Baldwin Locomotive Works

ARE NOW MANUFACTURING A  
STYLE OF LOCOMOTIVE  
PARTICULARLY

#### Adapted for Plantation Purposes

A number of which have recently been received at these Islands, and we will have pleasure in furnishing plantation agents and managers with particulars of same.

The Superiority of these Locomotives over all other makes is known not only here but is acknowledged throughout the United States.

WM. G. IRWIN & CO., Ltd.,

Sole Agents for the Hawaiian Islands.

### Consolidated Soda Water Co., Ltd

#### ESPLANADE:

Over Allen & Fort Sts., Honolulu.

HOLLISTER & CO.,

1055-57 Agents

### Criterion Saloon

Fort, near Hotel Sts.

CHAS. J. MCCARTHY, - Manager.

#### Popular Brands of Straight Goods

ALWAYS ON HAND.

Try the Great Appetizer—THE BROWN COCKTAIL—a specialty with this resort.

—DEPOT OF THE—

#### Famous Wieland Lager Beer.



### Wholesale and Retail.

—FULL LINE OF—

### Japanese Goods!

Silk and Cotton Dress Goods,

Sto. Sto. Sto. Sto.

### Silk, Linen and Crape Shirts

—OF COMPLETE STOCK—

Made by Yamatoya of Yokohama.

When you are in need of any line of Japanese Goods, give us first call and we are going all around town.

ITOHAN

206 Fort St., near Custom House

### BEAVER SALOON,

#### The Best Lunch in Town.



Tea and Coffee

AT ALL HOURS.

### THE FINEST BRANDS OF Cigars and Tobacco

ALWAYS ON HAND

H. J. NOBLE Prop.

HO YEN KEE & CO.,

41 Nuuanu Street

### Tinsmiths, Plumbing, Etc.

GROCERY and GLASSWARE



Rev. S. S. Schnell, Apalachin, N.Y.

Travelers tell us that when the ostrich is pursued it hides its head in the sand, the silly bird appearing to think that if it cannot see its pursuers they cannot see it.

Equally absurd are those medical advisers who prescribe for the symptoms and not the source of a disease. Oftentimes they do this because the patient desires it, unwisely demanding that eruptions or other skin troubles be effaced at once. To do this it is necessary to use poisonous applications, which must sooner or later aggravate the disease or cause it to appear in new and more dangerous form.

There is scarcely a single ill to which flesh is heir but what has its origin in impure blood. Therefore, the only way to cure these troubles is through

testimonial as to its value. I have several times in my life been badly

**Poisoned With Creeping Ivy,** once when a boy and once when in mature life, so badly that I had to have medical treatment. As the old school of medicine simply tried to remove the symptoms instead of trying to remove the source of them, much of the poison was left in my system to appear in an itching humor on my body with every violent exertion in warm weather. At all times there were more or less indications of poison in my blood, up to a year ago last winter, when

**Large Sores Broke Out** on my body. I then purchased of our druggist, L. N. Hopkins, a bottle of Hood's Sarsaparilla, and after using that and a half of another bottle, the sores and humor disappeared. I attended the Christian Endeavor Convention in

## Hood's Sarsaparilla Cures

the blood. And the remedy which has proved itself powerful and successful when all other prescriptions and treatment failed, is certainly the safest and surest for you to take.

Read what Rev. Mr. Schnell, a respected pastor of Apalachin, N. Y., has to say about its success in his case:

"Apalachin, N. Y., Aug. 8, 1894.

"C. I. Hood & Co., Lowell, Mass.

"My Dear Sirs: In view of the beneficial effects I have had from the use of Hood's Sarsaparilla I wish to give the following

Montreal and also visited the World's Fair in the hottest weather last summer. Was on the go all the time, but

#### Had No Recurrence

of the burning and itching sensation which had marred every previous summer's outing. I, therefore, have occasion to be enthusiastic in my praises of Hood's Sarsaparilla." SAMUEL S. SCHNELL, pastor of Free Baptist Church.

Hood's Pills become the favorite cathartic with everyone who tries them. 25c. per box